

# Community Resource Book

Livingston County

12/5/2017

Brighton Family Physicians

AB

## Table of Contents

<b>Table of Contents.....</b>	<b>1</b>
<b>Personal Health/Medical Assistance.....</b>	<b>4</b>
Hospitals, Clinics & Urgent Cares.....	5
SJM Livingston.....	5
SJM Brighton.....	5
McAuley Support Program.....	5
St. Luke Hometown Healthcare.....	5
Advance Urgent Care.....	5
Health Care Plans.....	5
Livingston County Health Department -.....	5
Medicaid.....	5
Livingston County Health Plan B.....	5
Livingston County Department of Human Services.....	6
Prescription Drug Assistance.....	8
Large Retailers.....	8
Prescription Drug Patient Assistance.....	8
Livingston County Health Department.....	8
Dental Care.....	8
VINA Community Dental Center.....	8
MCDC (My Community Dental Center).....	9
Breast Feeding.....	9
Breast Feeding Patient Handouts.....	9
Children’s Special Health Care Services.....	9
Chronic Disease Prevention and Management.....	9

---

MyPlate .....	9
CDC Healthy Weight.....	9
Diabetes Prevention and Management .....	9
Diabetes Patient Handout.....	10
Prescription for Health.....	10
Communicable Disease Control .....	10
Communicable Disease Patient Handouts.....	10
Nurses Welcome Newborns .....	10
Nurse Welcome Newborn Patient Handouts .....	10
<b>Financial Assistance .....</b>	<b>10</b>
Money Management International .....	11
Right At Home .....	11
Helpful Information/Tips .....	11
Avoiding Scams .....	11
<b>Utility Assistance .....</b>	<b>11</b>
DTE Case Management.....	12
Consumers Energy Case Management .....	12
Helpful Hints .....	12
<b>Unemployment Assistance .....</b>	<b>12</b>
Unemployment Insurance Agency.....	12
Michigan Works! Agencies.....	13
Social Security Benefits.....	13
Planning your Job Search .....	13
Helpful Hints .....	14
<b>Housing Assistance .....</b>	<b>14</b>

Steps to Receiving Assistance with Housing Expenses.....	14
Step 1 .....	14
Step 2 .....	14
Step 3 .....	15
<b>Transportation Assistance.....</b>	<b>15</b>
Steps to Receiving Assistance with Transportation.....	15
Step 1 – .....	15
Step 2 – .....	15
Step 3 – .....	16
<b>Mental Health.....</b>	<b>16</b>
Self Help Meetings.....	16
Adult Children of Alcoholics:.....	16
Bereavement Support Groups .....	17
Cancer Support Groups.....	18
Deaf & Hard of Hearing Support.....	18
Emotions Anonymous.....	18
Families Anonymous- SE Michigan Intergroup.....	18
Gamblers Anonymous.....	19
Herpes Support Group .....	19
Infertility Support Group (Resolve of Michigan).....	19
Kleptomaniacs & Shoplifters Anonymous (CASA):.....	19
Learning Disabilities Association of Michigan.....	20
Mental Illness Support Groups .....	20
Narcotics Anonymous.....	20
Obsessive/Compulsive Disorder Support Groups.....	20

Parents of Children with Any Disability: .....	20
Recovery, International (formerly, Recovery, Inc.) : .....	21
S-Anon.....	21
Take Off Pounds Sensibly (TOPS) .....	22
Widow(ers) Support Group.....	22
Resources in Livingston County .....	22
Community Mental Health Service .....	22
<b>Programs for the Aging.....</b>	<b>23</b>
Tri-County Office on Aging .....	23
Caregiver Support. ....	23
Case Coordination.....	23
Crisis Services for the Elderly .....	23
Meals on Wheels.....	23
Nursing Facility Transition Care .....	23
Options Counseling .....	24
Project Choice .....	24
The Senior Dine Card .....	24
<b>Food Assistance .....</b>	<b>24</b>
Food Programs and Pantries.....	24
Meal Programs.....	26

## Personal Health/Medical Assistance

If you've lost your health insurance and you need medical care, consult your doctor or hospital for available payment plans.

## **Hospitals, Clinics & Urgent Cares**

***SJM Livingston*** - 620 Byron Road, Howell, MI 48843 - 517.545.6000-[www.stjoeslivingston.org](http://www.stjoeslivingston.org)

***SJM Brighton***- 7575 Grand River, Brighton, MI 48114 - 810.844.7575 - [www.stjoeshealth.org](http://www.stjoeshealth.org)

### ***McAuley Support Program***

Offers financial assistance for medically necessary in-patient services to qualified uninsured and underinsured residents. Call 734.712.2009 for more information.

***St. Luke Hometown Healthcare*** - 9912 E. Grand River Ave. Suite 1000, Brighton, MI 48116  
810.623.8182

Offers basic health care and psychiatric services at reasonable prices, for those without insurance. Call for an appointment. Walk in hours also available, contact for more information.

***Advance Urgent Care*** - 1021 Karl Greimel Drive Suite 102, Brighton, MI 48116

Open daily 9 a.m. to 9 p.m. including all major holidays.

## **Health Care Plans**

**Livingston County Health Department** - 2300 E. Grand River, Howell, MI 48843

517.546.9850 - [www.livgov.com/health](http://www.livgov.com/health)

Also provides wide range of medical testing, screening for disease including TB testing, HIV testing, flu clinics, hearing & vision screenings.

### ***MI Child Registration***

A state health plan for uninsured children, ages 18 years & younger of working families at or below 200% of federal poverty level. Use online calculator to determine eligibility or call 888.988.6300.

### ***Woman Infants & Children (WIC)***

Serves low income pregnant and breastfeeding women, and their children up to the age of five. The program also screens clients for health issues and can make referrals to health services.

### ***Medicaid***

Medicaid is a government health care program available to persons that are aged, blind or disabled. Its also available to families or eligible parents/caretakers relatives for a dependent child.

***Livingston County Health Plan B*** - 2300 E. Grand River, Howell MI 48843- 517.546.9850-  
[www.livgov.com/health/Pages/healthplanb.aspx](http://www.livgov.com/health/Pages/healthplanb.aspx)

This is a county funded health plan which assists with out-patient health care costs. Enrollment and physician participation is limited. One must be a resident of Livingston county to be eligible.

Eligibility is based on annual household income equal to or less than 150 % of the federal poverty level and limited assets.

***Livingston County Department of Human Services*** - 2300 E. Grand River, Howell, MI 48843 - 517.548.0200

Health care coverage is available to individuals and families who meet certain eligibility requirements. In Michigan, there are many health care programs available to children adults and families. The Michigan Department of Health and Human Services (MDHHS) determines eligibility for most of the health care programs. Contact for the local branch (available above). Find more information about this on their website: [www.michigan.gov/mdhhs/0,5885,7-339-71547\\_4860-35199--,00.html](http://www.michigan.gov/mdhhs/0,5885,7-339-71547_4860-35199--,00.html)

**U-19** – a Medicaid health care program for low income children under the age of 19. This program can provide a package of health care benefits including vision, dental, and mental health service. Contact your local MDHHS office to apply (info above).

**MiChild** - A health care program for children who are under the age of 19 administered by the MDHHS. It is for the low income uninsured children of Michigan’s working families. MiChild has a higher income limit than U-19 Medicaid. There is only a test of income. There is a \$10 monthly premium per family (covers all children in one family). Beneficiaries receive a package of health care benefits including, dental, vision and mental health services. Contact your local MDHHS office to apply (info above).

[View brochure on MiChild](#)

**Children’s Special Health Care Services (CSHCS)** - A program within the MDHHS that provides certain approved medical coverage to some children and adults with special health care needs. Children must qualify with certain medical conditions and must be under the age of 21. Anyone over the age of 21 may qualify for services if they have cystic fibrosis or certain blood coagulating disorders. For more information on CSHCS go to: [www.michigan.gov/mdhhs/0,5885,7-339-71547\\_35698---,00.html](http://www.michigan.gov/mdhhs/0,5885,7-339-71547_35698---,00.html)

**Under 21** – Medicaid is available to eligible persons under the age of 21. There is an income test and an asset test for this program. If the person has an income that’s over the income limit the person will be assigned a deductible. Persons may incur medical expenses that equal or exceed the deductible and still qualify for this program. Beneficiaries receive a package of health care benefits including, dental, vision and mental health services. Contact your local MDHHS office to apply (info above).

**Supplemental Security Income (SSI) for Children** – This is a cash benefit for disabled children whose families have low income. The Social Security Administration (SSA) determines eligibility. Beneficiaries are automatically eligible for Medicaid and most are enrolled in a Medicaid health plan. Medicaid may continue even if SSI stops.

**Pregnant Women** – Medicaid is available to eligible woman while they’re pregnant including the month her pregnancy ends and during the two months following the end of her pregnancy regardless of the reason (for example: live birth or miscarriage). There

is an income limit for this program. Contact your local MDHHS office to apply (info above).

**Group 2 Pregnant Women** – A woman who has income that exceeds the income limit for Pregnant Women (above), may be eligible for Medicaid under the Group 2 Pregnant Women. If the income is over the income limit the pregnant woman will be assigned a deductible. Persons may incur medical expenses that equal or exceeds the deductible and still qualify for this program. Contact your local MDHHS office to apply (info above).

**Maternity Outpatient Medical Services (MOMS)** – Provides health coverage for pregnant or recently pregnant women who are eligible for Emergency Services Only (ESO) Medicaid. MOMS provides coverage for outpatient prenatal services and pregnancy-related postpartum services for two months after the pregnancy ends. Medicaid ESO covers labor and delivery services. Contact your local MDHHS office to apply (info above).

**Healthy Michigan Plan** – Provides comprehensive health care coverage for a category of eligibility authorized under that Patient Protection and Affordable Care Act and Michigan Public Act 107 of 2013. It provides health care coverage for individuals who are 19 to 64 years of age; have an income of 133% of the federal poverty level. They cannot be enrolled/qualify for Medicaid or be pregnant at the time of application. To apply or for more information go to: [www.michigan.gov/healthymiplan/](http://www.michigan.gov/healthymiplan/)

**Caretaker Relatives** - Medicaid is available to eligible parents and people who act like parents, caring for a dependent child (these people are called care taker relatives). There is a income test and an asset test for this program. Beneficiaries receive a package of health care benefits including vision, dental and mental health services. Contact your local MDHHS office to apply (info above).

**Supplemental Security Income (SSI) for Adults** – This is a cash benefit for low income adults who are aged, disabled or blind. The Social Security Administration determines eligibility. Contact the Social Security Administration to apply for this program. <https://www.ssa.gov/> or call 800.772.1213

**Aged, Blind Disabled (AD Care)** - Medicaid is available to persons who are aged, blind or disabled. There is an income and asset test. If the income is over the limit, persons may incur medical expenses that equal or exceed the deductible and still qualify for this program. Contact your local MDHHS office to apply (info above).

**Disabled Adult Children (DAC)** – A person who has a disability or blindness that began before the age of 22 may be eligible to receive Medicaid benefits in adult years. They must also be receiving DAC benefits from Social Security. Contact your local MDHHS office to apply (info above).

**MIChoice** – The MIChoice waiver provides home and community based health care services for the aged and disabled. The programs goal is to allow persons to remain at home to receive health services. The cost of home care services must be less than the cost of care in a nursing home. Contact your local MDHHS office to apply (info above).



**Medicare Savings Program (MSP)** – This savings a program pays for certain Medicare costs. There is an asset test. The MDHHS may help with the following (depending on income): Medicare premiums, Medicare coinsurance, and Medicare deductible. Contact your local MDHHS office to apply (info above).

**Low Income Families (LIF)** – Medicaid is available to families under the Low Income Family (LIF) Program. Families that receive cash assistance are automatically eligible for this program. Other families must apply at the MDHHS office- contact your local MDHHS office to apply (info above).

**Special N Support** – Special N Support is available to families that received Low Income Families Medicaid or cash assistance but are no longer eligible due to income from spousal support payments. Special N Support is available for four months. Contact your local MDHHS office to apply (info above).

**Transitional Medical Assistance (TMA)** – TMA is available to families that have received LIF or cash assistance. TMA is available for up to 12 months and the family does not need to fill out a new application. Contact your local MDHHS office to apply (info above).

### **Prescription Drug Assistance**

#### ***Large Retailers***

Many large retail stores with pharmacies such as Kroger, Meijer and Walmart offer prescription medication assistance for \$4.00 for generic prescription drugs or free antibiotics. Go to the local pharmacy (or call) to see which medications are included in the program and verify information with the physician to make sure that the medication is appropriate for your treatment plan.

#### ***Prescription Drug Patient Assistance***

If the diagnosis requires non-generic medications not on the discounted formularies, visit [www.needymeds.org](http://www.needymeds.org) to investigate patient assistance programs for specific medication. To compare the prices of medications at different pharmacies go to: [www.goodrx.com](http://www.goodrx.com). They also have listings of discounts for certain medications.

***Livingston County Health Department*** - 2300 E. Grand River, Howell, MI 48843  
517.546.985

The health department is also able to help patients with prescriptions with a prescription discount card. Contact the health department for more information.

### **Dental Care**

**VINA Community Dental Center** - 400 E. Grand River Ave, Brighton, MI 48116 -  
810.844.0240

This dental clinic is staffed by volunteer professionals and provides services to Livingston County residents. Must be 19 years of age or older, must lack dental insurance, with household incomes at or less than 200% of the federal poverty level. There is a nominal fee per office visit.

***MCDC (My Community Dental Center)*** 1335 Byron Rd, Howell, MI 48843 - 877.313.6232 or 517.552.0321

This is owned by the Livingston County Health Department and operated by My Community Dental Centers, will provide quality oral health care to all patients in need of a new dental home. The center will focus specifically on patients who are under insured or without insurance; those on Medicaid, Healthy Michigan Plan, or Healthy Kids; and those who have difficulty accessing dental services.

### **Breast Feeding** - 517.546.5459

The Livingston County Health Department offers classes for mothers and support persons. The public is welcome. Call to register.

#### ***Breast Feeding Patient Handouts***

[Breast Feeding Rights](#)

[Breast Feeding Class](#)

### **Children's Special Health Care Services** - 517.522.6823

A state of Michigan program that provides early identification and advocacy for children with eligible medical conditions. This program can also help assist with medical costs.

#### ***Children's Special Health Patient Handouts***

[Family Rights](#)

[Family Center](#)

### **Chronic Disease Prevention and Management**

Physical activity and nutrition are essential components of a healthy lifestyle. In combination they can help prevent a range of chronic diseases including heart disease, stroke and cancer.

***MyPlate*** - This website can help plan your diet. This shows you the right foods and the amount of food that's right for your body. Access this [here](#).

***CDC Healthy Weight*** - This website has tips and tricks for healthy eating. It offers healthy recipes, preventing weight gain and more. Access this [here](#).

### **Diabetes Prevention and Management**

The Livingston County Health Department has created a guide that includes resources and information about preventing diabetes and ways to manage diabetes if you have been diagnosed.

### ***Diabetes Patient Handout***

[Diabetes Guide](#)

### **Prescription for Health** - 517.546.9850

Prescription for Health is a fruit and vegetable program that aims to increase fruit and vegetable consumptions and supports a healthier lifestyle. Participants must have food insecurity and be at risk of chronic disease. This program is supported by local farmers, farmers markets as well as Shared Harvest Pantry (Gleaners). By referral only.

### **Communicable Disease Control** - 517.552.6882

A public health nurse is available to answer questions about communicable diseases during business hours (number above). To report a serious communicable disease call 517.546.9850, staff available 24 hours a day.

### ***Communicable Disease Patient Handouts***

[STI Report](#)

[Animal Bites](#)

### **Nurses Welcome Newborns**

Families of infants in Livingston County have an opportunity to receive home care visits with a public health nurse at no charge. The nurses are able to provide support with breast feeding, infant weight checks, answer questions on crib safety, growth and development home safety.

### ***Nurse Welcome Newborn Patient Handouts***

[Information on Crib Safety](#)

[Safe Sleep Information](#)

[Nurses Welcome Newborns Flyer](#)

## **Financial Assistance**

Questions to ask yourself when assessing your current financial situation: *Have I listed and totaled my monthly bills and expenses? Do I know how much I need?*

*What can I do to reduce my monthly payments and expenses?*

- Contact mortgage lenders and other creditors to discuss payment reductions, refinancing, partial payments and skip-pay options to reduce your monthly debt.
- Review discretionary household spending, such as entertainment, recreation, media and gifts. Make a plan to reduce the unnecessary costs and stick to it.

### **Money Management International**

866.889.9347 - [www.moneymanagement.org](http://www.moneymanagement.org)

Offers free online or by phone assistance. Can offer counseling in housing, debt management and can educate on bankruptcy. Certified by the US Department of Housing and Urban Development (HUD).

### **Right At Home**

[www.rightathomeanswers.org](http://www.rightathomeanswers.org)

This is an online resource that offers comprehensive information on housing issues, including foreclosure information and many links to additional housing related information. Brought to you by the Michigan Credit Union League (funding from a National Credit Union Foundation Innovation Grant) with Michigan State University Extension, Michigan Association of United Ways and CU Solutions Group.

### **Helpful Information/Tips**

- Start communicating with landlords, creditors, etc. as soon as you anticipate a cash flow problem.
- Keep a record of all phone and in-person conversations with lenders, creditors and counselors; get any promises in writing.
- Read everything until you understand it – before signing anything.
- A HUD-approved financial counselor can often help budget and re-negotiate debt much more effectively than you can on your own. Don't be afraid to contact them, they can educate you on your rights.

### **Avoiding Scams**

- Do not pay up front for information or any form of assistance. Large up-front fees are sure signs of fraud. A reputable counselor may charge a reasonable fee, but NOT before services are rendered.
- Be wary of service providers who promise a sure thing or guarantee to keep you in your home or eliminate your debt.
- Avoid solicited offers. Many scams will even include government sounding names or website addresses or agency logos to falsely portray an affiliation with legitimate government programs.

***Call 2-1-1 for other services and additional assistance.***

## ***Utility Assistance***

Questions to ask yourself when thinking about utility expenses (electricity, water, gas, propane, trash, sewer, septic etc.):

*Is there anything I can do to reduce or manage my costs?*

- Think weatherization like insulation, window coverings and weather stripping. For more information on assistance if your house is in need of weatherization call Oakland Livingston Human Services Agency (OLHSA) 517.546.8500.
- There are many ways to reduce the amount of energy you use. Little things can make a big difference: turning lights off, closing off unused rooms, reducing your use of air conditioners, washing clothes with cold water instead of hot water and changing the furnace filters.
- Look into payment plans and/or winter protection programs with your utility company to set regular monthly payments.

Many utility companies have case management lines that you can contact to talk about payment plans before your account gets behind. Your provider may allow you to slowly eliminate a past balance without losing your current services. Call to find out (info below).

### **DTE Case Management**

800.477.4747 - [www.newlook.dteenergy.com/wps/wcm/connect/dte-web/home/billing-and-payments/common/energy-assistance/general-assistance](http://www.newlook.dteenergy.com/wps/wcm/connect/dte-web/home/billing-and-payments/common/energy-assistance/general-assistance)

### **Consumers Energy Case Management**

800.477.5050- [www.consumersenergy.com/residential/programs-and-services/payment-assistance](http://www.consumersenergy.com/residential/programs-and-services/payment-assistance)

### ***Helpful Hints***

- The name on the bill must match the name of the person requesting assistance.
- You may still legally responsible for bills in your married spouses name-even if you are separated and living at different addresses.
- To apply for assistance when you are responsible for the utility bill, but the account is listed in the landlords' name – present your lease agreement which stipulates this arrangement.

## **Unemployment Assistance**

Unemployment or the loss of one's job affects individuals both emotionally and financially. Typically, the reduction of income is the first noticeable change in the household. As the period of unemployment lengthens, the emotional impact and the resulting stress become greater burdens.

Many of your concerns during periods of unemployment will focus upon financial needs. During this time of reduced income, you should make use of all financial assistance and counseling (personal and professional) resources. Below are programs that can assist you.

### **Unemployment Insurance Agency**

**866.500.0017- [www.michigan.gov/uia](http://www.michigan.gov/uia)**

The Unemployment Insurance Agency administers the state of Michigan's unemployment insurance program, an employer-funded program, which pays weekly unemployment benefits to eligible workers.

All unemployed workers should apply for unemployment insurance as soon as they become unemployed to see if they are eligible.

### **Michigan Works! Agencies – One Stop Service Centers**

1240 Packard Drive, Howell, MI 48843 - 517.546.7450 - [www.michiganworks.org](http://www.michiganworks.org)

Michigan Works! Livingston Jobs Center provides employers and job seekers in Livingston County with “one stop” employment and training information. Those services include:

- Registration for Michigan’s Talent Bank
- Access to centralized database for current job openings
- Career assessment services
- Career Resource Room containing labor market information and career planning information
- Assistance with resumes, interviewing skills and other job search skills

In addition, specialized services are available for those who meet certain eligibility guidelines. Those services include:

- Tuition assistance to learn new job skills
- Referral to available job openings
- Specialized job search workshops
- Assessment and career counseling
- On-the-job training and customized training
- Job development and placement services
- Support services while in training

### **Social Security Benefits**

5210 Perry Robinson, Lansing MI, 48911- 517.393.3876 or 800.772.1213 - [www.ssa.gov/potentialentitlement](http://www.ssa.gov/potentialentitlement)

Social Security benefits include monthly payments made to certain formerly employed persons or their beneficiaries. Generally, those eligible are retired persons 62 years or older, disabled workers, and spouses and children of disabled or deceased workers. . Visit their website for more information.

### **Planning your Job Search**

The best way to cope with unemployment is to find another job as soon as possible. Planning and implementing an effective job search takes sustained effort. Your local Michigan Works! offers adult education classes. For information on Michigan Works! Click [here](#).

- Be sure to let family, friends and colleagues know you are seeking employment –but be specific about your job target. The more clearly you can define your goals, the easier it will be for the others to identify possible job leads for you.
- Many people find job openings through personal contacts and friends, so don’t limit your job search scope by keeping quiet.

- Take initiative. Follow up on all job leads. Call back after the interview and again later to see if someone else was hired for the job. Perhaps you will learn something which will help you in future job searches.

### ***Helpful Hints***

- Individuals can get more information about filing for unemployment with the local Michigan Works! Service Center, however the application for the unemployment must be made with the UIA (Unemployment Insurance Agency).
- If you apply for unemployment online or by phone you will still need an initial in-person visit at your local [Michigan Works! Service Center](#).

## **Housing Assistance**

Questions to ask yourself when thinking about housing expenses (house payments, rent, taxes, association fees, etc.):

*Is there anything you can do to reduce or manage the cost?*

- Talk to your landlord or mortgage company about options.
- Consider ways to reduce costs within your current residence like getting a roommate or sharing housing expenses with family members.
- Negotiate with your home owners association to reduce association fees or substitute payment for labor.
- Keep track of your monthly expenses and identify nonessential services that could be canceled to free additional housing dollars.

**Steps to Receiving Assistance with Housing Expenses** - There are many different types of housing circumstances some individuals rent, some own, some people live with friends, others share their home with extended family. As a result of the various housing scenarios, there is no single way to approach to addressing every housing concern. This portion of the resource book is intended to assist individuals who do NOT own their home. For homeowners, please refer to [Financial Assistance](#).

**Step 1** - Many landlords and apartment management companies are able to work with tenants who are proactive and upfront about their inability to pay rent on time. Negotiating a later due date or paying a partial amount can help bridge gaps when resources are limited. You may want to consider if your current housing still fits your needs and ability to pay.

**Step 2** - The first step to seeking help with housing costs (rent, security short-term emergency housing) is to contact Oakland Livingston Human Services Agency (OLHSA). The application process for many housing assistance programs may be lengthy and require a significant amount of personal information. All services offered through OLHSA are confidential. Your personal information will be protected.

**Step 3** - Other community agencies may be called upon to help satisfy the full amount needed. This coordination among community agencies often requires additional paperwork, which can seem duplicative and cumbersome. Please be patient. Community agencies that may offer assistance with rent and related expenses are listed below.

**Oakland Livingston Human Services Agency (OLHSA)** - 2300 East Grand Rive Suite 107, Howell, MI 4843 - 517.546.8500

**The Salvation Army** - 503 Lake Street, Howell, 48840 - 517.546.4750

## Transportation Assistance

Questions to ask yourself about transportation expenses (maintenance, gas, insurance): Is there anything you can do to reduce or manage cost?

- Locate professional carpools and park-and-ride opportunities in your area.
- Share rides with friends and family members and coordinate outings to frequently visited places like the grocery store or school.
- Visit radio stations and websites like [GasBuddy](#) that report the best gas prices in your area.
- Talk to your insurance provider to see if they can help you reduce costs.

If you're worried about falling behind on your car payment, talk to your lender before you miss your first payment. Schedule an appointment to review your options and talk about your alternatives. You may be able to negotiate with you lender to reduce your payment, skip a payment, or change your payment due date. If you have already missed a payment, initiate the conversation with your lender.

Michigan drivers are required to carry a minimum of no fault automobile insurance, but it may make sense to reduce your coverage or raise your deductible to lower your insurance costs, at least for the short term.

### **Steps to Receiving Assistance with Transportation**

**Step 1** – Consider existing natural supports that exist within your network of family, friends, church, service clubs or other associations. Perhaps some of your transportation needs can be met by coordinating within your community networks and planning ahead. Some churches and non-profit agencies provide volunteer driver programs available to their members on a limited basis.

**Step 2** – If your transportation needs cannot be met within your personal and community networks, there are very limited community transportation resources. The following resources can help if you have regularly scheduled engagements; are staying within the county, or in some cases slightly into adjacent counties; and can plan ahead to schedule pick-up and drop-off.



**Livingston Essential Transportation Service (L.E.T.S.)** - 3950 W Grand River Avenue, Howell, MI 48855 - 517.546.6600 - [www.livgov.com/lets](http://www.livgov.com/lets)

Call to schedule a ride, at least one day in advance. Cost will be determined then. In 2018 L.E.T.S will be expanding services to outlying northern and southern townships. They will also be expanding their hours.

**Peoples Express (Washtenaw County & adjacent areas)** - 877.214.6073 - [www.peoplesexpressmi.com](http://www.peoplesexpressmi.com)

Call to schedule a ride, at least three days in advance. Cost will be determined then.

If these community transportation resources cannot meet your needs, go to Step 3.

**Step 3** – Many local nonprofit agencies (listed below) may offer help in the form of gas card vouchers, bus tokens, or car repair programs on an extremely limited basis, especially if you meet the eligibility requirements of one or more of their programs and have an open case with one of the agencies.

**Brighton Senior Center** – 850 Spencer Rd, Brighton, MI 48116 – 517.404.9353

Call Monday-Friday at least one day in advance for medical transportation. You MUST be age 50 or older or physically challenged. Wheelchair lift access. Cost varies based on distance.

**Hartland Senior Center** – 9525 Highland Rd, Hartland, MI 48353

Call Monday- Friday. Medical, shopping and social transportation provided. You MUST be age 50 or older, disabled and a resident of Hartland School district, Tyrone, or Deerfield Townships. Wheelchair lift access, door to door service. Cost varies based on distance.

**Michigan Transportation Services (MTS)** -517.552.1194 –

<http://www.michigantransportation.com/schedule/>

Offers nonemergency transportation in five locations: Ann Arbor , Brighton, Lansing, Madison Heights Lansing and Novi. Family members and aides are able to travel with as well. Door to door service. Cost varies based on distance.

## Mental Health

### Self Help Meetings

**Adult Children of Alcoholics:** A list of meetings anywhere in the U.S. Visit [www.allone.com/12/aca/](http://www.allone.com/12/aca/)

**AIDS Partnership- Michigan:** Self-help groups for people who have HIV+/AIDS, families, friends and the bereaved. For more information about services and support groups in Michigan call (800) 872-AIDS or visit [www.aidspartnership.org](http://www.aidspartnership.org).

**Alanon:** Visit [www.afgmichigan.addr.com](http://www.afgmichigan.addr.com) for meeting times and locations.

**Alcoholics Anonymous:** For meeting days, times & locations, visit [www.aalivcomi.org/](http://www.aalivcomi.org/)

**Alcoholics for Christ:** For meeting times and locations in Michigan, visit [www.alcoholicsforchrist.com](http://www.alcoholicsforchrist.com).

**Alliance for the Mentally Ill:** Self-help groups for people with a mental illness often with separate meeting for family & friends at the same time. For meeting times and locations in Michigan, visit [www.nami.org](http://www.nami.org).

**Alzheimer's Caregiver Support Groups:** For meeting days, times & locations in Michigan visit [www.alz.org](http://www.alz.org).

**Anonymous One Self-Help U.S. Database:** Substance abuse treatment centers, sober clubs, sober clubs and more. Visit [www.anonymousone.com/main.htm](http://www.anonymousone.com/main.htm)

**Anxiety Disorder Support Groups- Michigan:** For meeting schedules and locations in Michigan, visit [www.aim-hq.org/](http://www.aim-hq.org/)

**Attention Deficit Disorder of Children & Adults (CHADD):** Visit [www.chaddmi.com](http://www.chaddmi.com) for support group meeting times and locations.

**Autism Society of Michigan:** Contact 800.223.6722 or visit [www.autism-mi.org](http://www.autism-mi.org) for state resources.

**Bereavement Support Groups:** Self-help groups for people going through the bereavement/grieving process. Hospices typically have groups; visit the Michigan Hospice & Palliative Care Organization at [www.mihospice.org](http://www.mihospice.org) to find a hospice near you.

**Bereavement Support Groups (Compassionate Friends) :** The mission of Compassionate Friends is to assist families toward the positive resolution of grief following the death of a child of any age. For meeting time/locations, call toll-free 877.969.0010; for more information about Compassionate Friends, visit [www.compassionatefriends.org](http://www.compassionatefriends.org).

**Beyond Affairs Network (BAN) :** Support group for dealing with a partner's affair. BAN is a non-profit, volunteer, grass-roots organization which provides men and women who are dealing with a partner's affair to come together for strength, insight and mutual support. Visit BAN's website at [www.dearpeggy.com](http://www.dearpeggy.com) or contact [westmichiganBAN@excite.com](mailto:westmichiganBAN@excite.com) for information on Michigan support group meetings.

**Cancer Support Groups:** Call American Cancer Society, 734.971.4300 or visit [www.cancer.org](http://www.cancer.org) for support group meeting times and locations.

**Chronic Fatigue & Immune Dysfunction Syndrome Association of America:** Visit the website at [www.cfids.org](http://www.cfids.org)

**Chronic Pain Association:** Self-help for people with chronic pain to cope with their situation (pain that lasts six months or longer). Contact the American Chronic Pain Association at 800.533.3231 or visit [www.theacpa.org](http://www.theacpa.org) for more information.

**Cocaine Anonymous:** A fellowship of men and women who share their experience, strength and hope with each other to overcome their common problem. Visit [www.camichigan.org](http://www.camichigan.org) to access contact numbers and meeting times in Ann Arbor, Flint, Grand Rapids, Jackson & Lansing.

**Codependents Anonymous:** Visit [www.codependents.org](http://www.codependents.org) for a meeting close to you or more information about CoDA.

**Compulsive Eaters Anonymous:** For times and locations of meetings in Michigan, visit [www.ceahow.org](http://www.ceahow.org).

**Deaf & Hard of Hearing Support:** WASHHH is a chapter of the National Self Help for Hard of Hearing People (SHHH). For more information visit [www.mi-shhh.org](http://www.mi-shhh.org).

**Debtors Anonymous:** Visit [www.debtorsanonymous.org](http://www.debtorsanonymous.org) for more information about DA.

**Depressed Anonymous:** Visit [www.depressedanon.com](http://www.depressedanon.com) for meeting times in the U.S.

**Depression & Bipolar Support Alliance:** Peer-led support groups. Visit [www.dbsalliance.org](http://www.dbsalliance.org) for more information and meeting locations & times.

**Divorce Support Groups:** Self-help meetings for separated or divorced persons in Michigan. Visit [www.divorceource.com/groups/michigan.shtml](http://www.divorceource.com/groups/michigan.shtml).

**Emotions Anonymous:** Self-help groups sharing experiences, hopes and strengths with each other using 12-Step program to gain better emotional health. Visit [www.emotionsanonymous.org](http://www.emotionsanonymous.org) for information or <http://allone.com/12/ea/> for EA meeting times and locations.

**Families Anonymous- SE Michigan Intergroup:** Self-help & 12 Step groups for families coping with a drug/alcohol and behavioral problems in the family. For meetings in Michigan, call (800) 736-9805 or visit [www.familiesanonymous.org](http://www.familiesanonymous.org).

**Fathers & Children, National Congress of:** Self-help group for the rights of children of divorce to have equal access/parenting from both parents. Call the national office at

800.SEE.DADS or visit [www.ncfnh.org/](http://www.ncfnh.org/) for a meeting time/location.

***Food Addicts in Recovery Anonymous:*** Are you having trouble controlling the way you eat? Are you underweight? Overweight? Obsessed with food, weight, or dieting? Our program of recovery is based on the Twelve Steps and Twelve Traditions of Alcoholics Anonymous. We make use of AA principles to gain freedom from addictive eating. There are no dues, fees, or weigh-ins at FA meetings. Membership is open to anyone who wants help with food. Visit [www.foodaddicts.org/](http://www.foodaddicts.org/) for a meeting time/location near you.

***Gamblers Anonymous:*** [Click here](#) for the meeting times and locations for the 40 Gamblers Anonymous groups in Michigan. For more information about GA, visit [www.gamblersanonymous.org](http://www.gamblersanonymous.org).

***Gam-Anon:*** Self-help meetings for the spouse, family or close friends of compulsive gamblers. For meeting times and locations, visit [www.gam-anon.org](http://www.gam-anon.org)

***Gay, Lesbian, Bisexual & Transgender National Help Center:*** A non-profit, tax-exempt organization that is dedicated to meeting the needs of the gay, lesbian, bisexual and transgender community and those questioning their sexual orientation and gender identity. Visit [www.glnh.org](http://www.glnh.org) for more information.

***Gays & Lesbians, Friends, Parents & Family Support Group (PFLAG)*** : For meeting times and locations, visit [www.pflag.org](http://www.pflag.org).

***Grief Support Groups:*** Hospices almost always have support groups for families and individuals. For a list of Hospices in Michigan, visit [www.mihospice.org](http://www.mihospice.org)

***Grief Support Group (Compassionate Friends):*** Self-help group for parents whose child has died. For more information, visit [www.compassionatefriends.org](http://www.compassionatefriends.org).

***Herpes Support Group:*** For information about the National Herpes Resource Center, visit [www.ashastd.org/hrc/index.html](http://www.ashastd.org/hrc/index.html)

***HIV/AIDS Partnership Michigan:*** Call AIDS Partnership, 800.872.AIDS or visit [www.aidspartnership.org](http://www.aidspartnership.org) for up-to-date support meeting times and locations.

***Infertility Support Group (Resolve of Michigan)*** : Peer-led groups providing people with opportunities to meet others who are experiencing infertility, form friendships, build a support system, and gather information and knowledge. These are non-professional led, informal discussion groups. For information, visit <http://greatlakes.resolve.org/>.

***Kleptomaniacs & Shoplifters Anonymous (CASA):*** Self-help group founded in 1992 for persons with theft behaviors.

Tuesdays 7:00-8:00PM, Brighton Hospital Chapel, 12851 E. Grand River, Brighton  
For more information, contact Terrence Shulman, 248.358.8508,

[terrenceshulman@theshulmancenter.com](mailto:terrenceshulman@theshulmancenter.com) or visit [www.kleptomaniacsanonymous.org](http://www.kleptomaniacsanonymous.org)

***Learning Disabilities Association of Michigan:*** Education & information group for parents & professionals & support groups for parents. For more information, contact 888.597.7809 or visit [www.lidaofmichigan.org/](http://www.lidaofmichigan.org/).

***Mental Illness Support Groups:*** Visit [www.nami.org](http://www.nami.org) for more information.

***Miscarriage & Newborn Loss Support Group:*** Monthly support meetings, parent to parent program. For more information, contact 734.973.1014 or visit [www.lamaze.org/](http://www.lamaze.org/).

***Mothers Against Drunk Driving:*** Visit [www.madd.org](http://www.madd.org) for national and local information.

***Narcotics Anonymous:*** For meeting days, times & locations in Livingston County, visit [www.michigan-na.org/livingston/liv\\_meetings.htm](http://www.michigan-na.org/livingston/liv_meetings.htm)

***Nar-Anon Family Groups:*** Self-help groups for families and friends of people with substance abuse problems. Visit [www.nar-anon.org/naranongroups.htm](http://www.nar-anon.org/naranongroups.htm) for Michigan meeting locations or general information.

***National Association for the Physically Handicapped (NAPH):*** A support group for people with physical disabilities focusing on improving the social, economic & physical welfare of all the physically handicapped. For more information, visit [www.naph.net](http://www.naph.net)

***Nicotine Anonymous:*** Visit <http://nicotine-anonymous.org> for up-to-date listings of meetings in the state.

***Obsessive/Compulsive Disorder Support Groups:*** Visit [www.ocfoundation.org](http://www.ocfoundation.org) for information about statewide and nationwide programs.

***Overcomers Anonymous:*** Support groups that use the Bible and the 12 Steps of Alcoholics Anonymous to minister to individuals who are affected by alcohol, mind altering drugs, sexual addiction, gambling, food and other compulsive behaviors or dependencies. Family members are welcome to meetings. Contact 800.310.3001 for meeting times in Michigan or visit [www.overcomersoutreach.org](http://www.overcomersoutreach.org) for more information.

***Overeaters Anonymous:*** Visit the OA website at [www.oa.org/](http://www.oa.org/) to find a meeting near you.

***Parents of Children with Any Disability:*** Contact Family Support Network of Michigan, 800.359.3722 or visit [www.projectfindmichigan.org](http://www.projectfindmichigan.org).

***Postpartum Depression Support Groups:*** For meeting locations and times in Michigan, visit [www.postpartum.net](http://www.postpartum.net).

***Recovery, International (formerly, Recovery, Inc.)*** : This self-help program offers its members a free method to regain and maintain their mental health. Our members include people diagnosed with mood disorders including depression, dysthymia and bipolar (manic-depressive) disorders; psychotic disorders including schizophrenia; anxiety and obsessive-compulsive disorders; and personality disorders. The program is designed to work in conjunction with professional mental health services. Recovery, International is operated entirely by non-professionals. Visit [www.lowselfhelpsystems.org](http://www.lowselfhelpsystems.org) for meeting times and locations.

***S-Anon***: Self help groups for people who are being affected by another person's sexual addiction. Visit [www.sanon.org](http://www.sanon.org) for more information.

***Schizophrenics Anonymous***: For more information, visit [www.schizophrenia.com](http://www.schizophrenia.com).

***Secular Organization for Sobriety***: Self help group for people who have a drinking or drug problem; not a spiritual group. Visit [www.cfiwest.org/sos/asp/find.asp](http://www.cfiwest.org/sos/asp/find.asp) for up-to-date meeting locations and times for Michigan.

***Sex Addicts Anonymous***: Call SAA national office at 800.477.8191 or visit [www.sexaa.org](http://www.sexaa.org) for the time and locations of current meetings in Michigan..

***Sexaholics Anonymous***: Visit [www.sa.org](http://www.sa.org) for general information and for how to find meetings in Michigan.

***Smart Recovery***: An alternative to AA & NA meetings. Visit [www.smartrecovery.org](http://www.smartrecovery.org) for general information and for how to find meetings in Michigan.

***Smokefree.gov***: A website created by the Tobacco Control Research Branch of the National Cancer Institute offers an online step-by-step cessation guide, local and state telephone quit lines, NCI's national telephone quitline, NCI's instant messaging service and publications, which may be downloaded, printed, or ordered. Visit: [smokefree.gov](http://smokefree.gov)

***Smoking Cessation***: State of Michigan Tobacco Quitline- Free nicotine patches, gum and lozenges are offered by the Michigan Department of Community Health for tobacco users who enroll in free cessation services through the Michigan Tobacco Quitline. The tobacco quitline can be reached 24 hours a day, seven days a week, at 800.784.8669. The quit program also provides personal coaches to help develop individualized quit plans. The coaches provide ongoing support with up to five telephone sessions around the caller's quit date. Spanish-speaking coaches are available. The program is available to all callers 18 and older, regardless of income or insurance status. Website: [www.michigan.gov/tobacco](http://www.michigan.gov/tobacco)

***Stop Smoking (Freshstart)***: American Cancer Society. Call 800.ACS.2345 for information on services or visit [www.cancer.org](http://www.cancer.org) for more information.

***Sudden Infant Death Syndrome Alliance***: Tomorrow's Child/Michigan Sudden Infant Death Syndrome (SIDS) is a non-profit organization dedicated to preserving the lives of

newborns and healing families, one day at a time. and is a resource for grief support, risk reduction, and community education, leading the effort to provide information and assistance to families and the medical community. Call 800.331.7437 or visit [www.tomorrowschildmi.org](http://www.tomorrowschildmi.org) for more information.

***Survivors of Suicide Support Groups:*** Visit [www.survivorsofsuicide.com](http://www.survivorsofsuicide.com) for more information.

***Take Off Pounds Sensibly (TOPS)*** : Helps overweight persons attain and maintain their goal weights. Promotes a sensible approach to weight control. Discussion & programs to provide support & motivation. Visit [www.tops.org](http://www.tops.org) for meeting locations & times in Michigan.

***Tourette Syndrome Association:*** Self-help group for families with Tourette syndrome and associated disabilities such as attention deficit disorder or obsessive compulsive disorder. Contact the Michigan Chapter at 248.641.8725 for more information about local resources. Visit [www.tsa-usa.org/](http://www.tsa-usa.org/) for information about the national organization.

***Widow(ers) Support Group:*** Hospices typically have support groups for widows(ers); visit the Michigan Hospice & Palliative Care Organization at [www.mihospice.org/](http://www.mihospice.org/) to find a hospice near you.

***Women for Sobriety:*** a non-profit organization dedicated to helping women overcome alcoholism and other addictions through face-to-face and online chat groups. Visit [www.womenforsobriety.org](http://www.womenforsobriety.org) for more information.

***Workaholics Anonymous:*** The website of W.A., [www.workaholics-anonymous.org](http://www.workaholics-anonymous.org), includes information on program literature, W.A. meetings, the W.A. Book of Recovery, conferences and newsletters, and how to contact the organization.

## **Resources in Livingston County**

### ***Community Mental Health Service*** – 517.546.4126

They provide emergency services, assessment, health and medication services, client services management, individual and group therapy, assertive community treatment, older adult services, respite, substance abuse services, community supported living, wraparound and psychosocial rehabilitation. They have a few different locations that offer different services, see below:

#### **Miller Building** – 622 East Grand River, Howell, MI 48843

- Individual and Group Therapy
- Child and Adolescent Services
- Wraparound
- Respite
- Administration and Finance

**East Complex Building** – 2280 East Grand River, Howell, MI 48843

- Intake and Assessment
- Health and Medication Services
- Client Services Management
- Community Independence Program
- Community Supported Living
- Individual and Group Therapy
- Substance Abuse Therapy
- Older Adult Services
- Respite
- Assertive Community Treatments

**Genesis Home** – 501 West Grand River Ave, Fowlerville, MI 43336

- Work-ordered Day
- Transitional Employment

**Stepping Stones** – 2020 East Grand River, Suite 102, Howell, MI 48843

- Engagement Center

## Programs for the Aging

### Tri-County Office on Aging -517.887.1440

**Caregiver Support** – This is for caregivers and their families in order to plan for the future regarding concerns such as housing, finances, and long term care options, adult day services and respite.

**Case Coordination** – Is available for people who can benefit from limited support. A specialist conducts an assessment and can arrange in-home services for eligible persons who need some assistance with some personal care, homemaking, chores,

**Crisis Services for the Elderly** – This provides assistance for non-medical emergencies. This can include utility shut of notices and prescriptions drug issues. Must be an adult 60 years old or older.

**Meals on Wheels** - There are several meal options. Each of these options offer meals that provide 1/3 of the daily nutritional needs of older adults.

**Nursing Facility Transition Care** - This service provides options to nursing facility residents by offering an alternative to institutional care. This program assists those who are



eligible to transition from a nursing facility to the comfort of their home or a licensed setting of their choice.

**Options Counseling** - Options Counseling offers older adults and their caregivers assistance in planning to meet needs, providing information regarding community resources and creating a plan of action. Options Counseling take place through both phone and in-person communication. This has no income requirement and is available to individuals as well as their support system.

**Project Choice** - This offers an alternative to nursing home care. A nurse and a social worker team assist eligible individuals with their families and friends to design a plan of care. Coordinating and providing key services, while respecting each individual's right to choose their own options. Offers clients the opportunity to remain at home or live in a setting of their choice.

**The Senior Dine Card** - A program that partners with local restaurants to provide meals to qualifying seniors. Clients receive a voucher that is accepted only at participating restaurants.

## Food Assistance

### Food Programs and Pantries

<b>Agency</b>	<b>Address</b>	<b>Phone</b>	<b>Serving Hours</b>	<b>Programs Requirments/Information</b>
<u>Bountiful Harvest</u>	803 West Main St, Brighton	810.360.0271	Friday 4pm-6pm Saturday 8am - 12pm	<i>Client Chocie Pantry:</i> Serves all of Livingston County
<u>Pregnancy Helpline</u>	7743 West Grand River, Brighton	810.494.5433	<b>Call for an appointment.</b>	<i>Baby food and formula:</i> <i>Serves all of Livingston County</i>
<u>Family Impact Center</u>	735 North Grand River, Brighthon	517.223.4428	Tuesday 10am-3pm Thursday 10am-3pm and 6pm-8pm Friday 10am to 2pm <b>Call for an appointment.</b>	<i>Client Chocie Pantry:</i> Serves all of Livingston County must have photo ID, proof of income, vists by appointments only up to 6 times a year.
<u>Saint Paul Lutheran Church</u>	7701 East M-36, Hamburg	810.231.1033	Open on the 1st and 3rd Wednesday from 1pm-4pm No appointment needed.	

<u>Hidden\ Springs Church</u>	5860 North Latson Rd, Howell	517.546.3577	Tuesday 9am-3pm Thursday ( <i>emergency only</i> ) 9am-2:30pm <b>Call for an appointment.</b>	<i>Client Choice Pantry:</i> Serves all of Livingston County. Must have photo ID and provide name and date of birth of family members.
<u>Oakland Livingston Human Service Agency</u>	2300 East Grand River Suite 107, Howell	517.546.8500	Monday and Friday 9am-3pm Tuesday, Wednesday and Thursday 5pm-7pm Saturday 9am-12pm	<i>Government Commodities Food Programs:</i> Programs for Seniors and Families.
<u>Shared Harvest/ Gleaners</u>	5924 Sterling Drive, Howell	517.548.3710	Monday and Friday 9am-3pm Tuesday, Wednesday and Thursday 5pm-7pm Saturday 9am-12pm <b>Call for an appointment.</b>	<i>Client Choice Pantry:</i> Serves all of Livingston County. Up to 6 visits a year. Qualifying Seniors can receive up to 12 visits a year. Call for more information.
<u>SonRise an Assembly of God Church</u>	1130 West Highland Road, Howell	517.546.2669	Monday 6:30pm-8:30pm Tuesday 9:30am-11:30am <b>Call for an appointment.</b>	<i>Client Choice Pantry:</i> Serves all of Livingston County. Up to 6 visits a year. 30 pounds per visits for a single person. 20 pounds per person for a family (80 pounds max).
<u>Saint Joseph Pantry</u>	440 East Washington, Howell	517.546.0090 ext. 109	Saturdays 9am-12pm <b>Call for an appointment.</b>	<i>Client Choice Pantry:</i> Serves all of Livingston County. Family size determines pounds of food per week.
<u>The Salvation Army</u>	503 Lake Street, Howell	517.546.4750	Monday - Friday 8:30am-4:30pm (closed from 12-1 each day) <b>Call for an appointment.</b>	<i>Box Program:</i> Serves all of Livingston County. Need ID for everyone in household. Can visit once every 30 days. Must be a 200% of the poverty level.
<u>Saint Mary's Catholic Church</u>	10601 Dexter Pinckney, Pinckney	737.878.3161	<b>Call for an appointment.</b>	
<u>Doras Cupboard</u>	5050 M-36, Stockbridge	517.851.7425	Tuesdays from 12pm-2pm	

**Meal Programs**

<b><u>Agency</u></b>	<b><u>Address</u></b>	<b><u>Phone</u></b>	<b><u>Serving Hours</u></b>	<b><u>Programs Requirments/Information</u></b>
<u>Bountiful Harvest</u>	803 West Main Street, Brighton	810.360.0271	Breakfast on Saturday 8am-11am	
<u>Fishes and Loaves</u>	Rotating between churches	810.494.4013	Sunday 5:30pm-6:15pm	<i>Community Dinner Kitchen: Open to all of Livingston County</i>
<u>Gods Kitchen Saint Joseph Catholic Church</u>	440 East Washington, Howell	517.546.0900 ext 109	Wednesdays 6pm	<i>Community Dinner Kitchen: Serves everyone of Livingston County. Ask for first name, age and zip code</i>
<u>Livingston County Senior Nutrition Program/Meals on Wheels</u>	9525 East Highland Road, Highland	810.326.2155	Weekdays	<i>Homebound Seniors: Must be 60 years old or older Senior Center weekday meals: call for more information</i>
<u>Plain Field United Methodist Church</u>	17845 M-36, Gregory	517.851.7651	Second Saturday of every month	
<u>Saint Mary Magdalen Catholic Church</u>	2201 Old US 23 Highway, Brighton	810.229.8624	Mondays 6pm	
<u>Saint Agnes Catholic Church</u>	855 East Grand River, Fowlerville	517.223.8684	Thursdays 6pm	
<u>Genesis Community (located in the Shephard of Lakes Church)</u>	2101 South Hacker Road, Brighton	810-227.5099	Saturdays 5pm	

